

Life Path Trust Limited

Life Path Trust Limited - 2 Ellys Road

Inspection summary

CQC carried out an inspection of this care service on 16 December 2019. This is a summary of what we found.

Overall rating for this service	Good ●
Is the service safe?	Good ●
Is the service effective?	Good ●
Is the service caring?	Good ●
Is the service responsive?	Good ●
Is the service well-led?	Good ●

About the service

2 Ellys Road is a respite service registered to provide accommodation to a maximum of ten people with learning disabilities for a short period of time. There were six people staying at the service at the time of our inspection.

The service has been developed and designed in line with the principles and values that underpin Registering the Right Support and other best practice guidance. This ensures people who use the service can live as full a life as possible and achieve the best possible outcomes. The principles reflect the need for people with learning disabilities and/or autism to live meaningful lives that include control, choice, and independence. People using the service receive planned and co-ordinated person-centred support that is appropriate and inclusive for them.

People's experience of using this service and what we found

The outcomes for people using the service reflected the principles and values of Registering the Right Support by promoting choice and control, independence and inclusion. People's support focused on them having as many opportunities as possible for them to gain new skills and become more independent.

People felt safe at 2 Ellys Road and staff understood how to protect people from harm. Medicines and risks associated with people's care and support were well managed. Staff were recruited

safely and received the training and support needed to carry out their roles safely and effectively.

Staffing levels were flexible to ensure staff were available at the times people needed. People's nutrition and hydration needs were met, and the staff team worked in partnership with health and social care professionals to ensure people received effective care.

People were supported by an established staff team who were friendly and caring. People's rights were upheld and their independence prompted to assist people to achieve their goals and aspirations. People were supported to have maximum choice and control of their lives and staff supported them in the least restrictive way possible and in their best interests; the policies and systems in the service supported this practice.

People's care and support was based on their individual needs and choices. Care plans were personalised, though some were limited in detail. Action was taken to address this. People and relatives had no concerns but understood who to speak to if they wanted to make a complaint. People were actively supported to maintain links with the local community and follow their interests and hobbies.

People and relatives were very satisfied with the service provided and the way the home was managed. Effective systems were in place to monitor the quality and safety of the service and to support continual improvement. The registered manager and staff team were committed to delivery good quality person centred care.

For more details, please see the full report which is on the CQC website at www.cqc.org.uk

Rating at last inspection

The last rating for this service was Good (published 30 August 2017).

Why we inspected

This was a planned inspection based on the previous rating.

Follow up

We will continue to monitor information we receive about the service until we return to visit as per our reinspection programme. If we receive any concerning information we may inspect sooner.

You can ask your care service for the full report, or find it on our website at www.cqc.org.uk or by telephoning 03000 616161